

	Induction and other weeks	Block 1		Block 2		Block 3		Block 4		Block 5		Block 6	
Year 3a	Team work activities. Getting to know you games.	Health and Well-being: Mindfulness		Gymnastics: Canon and Unison		Dance: Weather		Invasion: Handball		OAA: Unit 3 (Y3) - Orienting the Map		Athletics	
		Feeling	Thinking	Moving	Thinking	Feeling	Social	Social	Moving	Social	Thinking	Moving	Thinking
Year 3b				Fundamentals Twinkl Unit Lessons 1-6		Fundamentals Twinkl Unit Lessons 7-12		Health and Fitness (twinkl unit)		Invasion: Hockey		Striking and Fielding: Cricket	
				Thinking	Moving	Thinking	Moving	Moving	Feeling	Social	Moving	Moving	Thinking
Year 4a	OAA: Unit 3 (Y3) - Orienting the Map Lesson 1/3/4/5	Health and Well-being: Mindfulness		Gymnastics: Levels and direction.		Dance: Egyptians		OAA Unit 4 (Y4) - Folding and Thumbing the Map		Invasion: Tag Rugby		Athletics	
		Feeling	Thinking	Moving	Thinking	Feeling	Social	Social	Thinking	Social	Moving	Moving	Thinking
Year 4b *Lesson b when not swimming – chose lessons as appropriate.		Fundamentals Twinkl x 6 lessons Swim x 1 class		Health and Fitness (twinkl unit) Swim x 1 class		Swim x 1 class		Swim x 1 class		Invasion: Basketball Swim x 1 class		Striking and Fielding: Rounders Swim x 1 class	
		Thinking	Moving	Moving	Feeling	Moving	Feeling	Moving	Feeling	Social	Moving	Moving	Thinking
Year 5a	OAA: Unit 3 (Y3) - Orienting the Map – Lesson 7 – use this as an assessment opportunity before	Health Related Exercise		Gymnastics: Counter Balance and Counter Tension		Dance: Street Art		OAA Unit 5 (Y5) - Map Memory and Control Flow		Invasion: Hockey		Athletics	

4 Key areas: Moving, Thinking, Feeling, Social